



****If Parent/Guardian is not available in an emergency, please contact:**

Name:	
Home Phone Number:	
Cell Phone Number / Work Number	
Relationship to Camper:	
Home Address:	

Health History

Is your child's immunization up to date? _____

Date of last booster shot: _____

Has your child recently been in contact with any contagious diseases? _____

If yes, which diseases? _____ And when? _____

Convulsions? _____ Asthma? _____ Ear Infections? _____

Behavior disorders? _____

Other: _____

Allergies

List all allergies: _____

Level of allergic reaction: _____

Recommendations & Restrictions

Special diet: _____

Special medicine: _____

If yes, is Parent sending it with the camper? YES _____ NO _____

If yes, any special instructions for medicine? _____

Activities to be restricted: _____

Any further suggestions from parent? _____



Parent Authorization

My child's health history is up to date and is correct. My child has permission to participate in all prescribed camp activities, *except* for those that I have noted above. In the case of an **emergency** where I cannot be reached I hereby give permission to the physician chosen by the Evergreen Outdoor Center Director to administer treatment in the way of hospitalization, injection(s), anesthesia, or surgery for my child. I hereby accept to pay for any charges not covered by my medical plan (i.e. ambulance, medications etc).

Form completed by: _____ Relationship: _____

Signature: _____ Date: _____

Camper Information

To make your child's camp experience the best it can be, we at Evergreen would like to know a little about your child. Information such as likes, dislikes and any relevant personal habits that will make camp enjoyable and safe for everyone would be greatly appreciated.

1. Does he/she have any food dislikes? _____
2. Does he/she have any favorite foods? _____
3. Can he/she swim 25m? _____ Swim Level? _____
4. Does he/she have any serious fears? (eg. Water, the dark, heights, etc)

5. Does he/she have any physical limitations? _____
6. Is he/she a bed wetter? _____ Sleepwalker? _____
7. Do you have any advice that might be helpful? (ie. personal habits, emotional needs, family situations, etc.) _____



Evergreen Summer Camp checklist

Outdoor gear:

- | | |
|---|--|
| <input type="checkbox"/> backpack (for day-trips) | <input type="checkbox"/> hiking boots/ or durable rubber soled shoes |
| <input type="checkbox"/> sleeping bag | <input type="checkbox"/> water bottle |
| <input type="checkbox"/> flashlight | <input type="checkbox"/> 2 garbage bags (for water proofing and laundry) |
| <input type="checkbox"/> rain wear (test it in the shower!) | |

Clothing (for 5 days):

- | | |
|---|---|
| <input type="checkbox"/> underwear | <input type="checkbox"/> hat or cap (for the sun) |
| <input type="checkbox"/> socks (including wool) | <input type="checkbox"/> pants |
| <input type="checkbox"/> shorts | <input type="checkbox"/> swim wear |
| <input type="checkbox"/> T-shirts | <input type="checkbox"/> sweater or fleece |
| <input type="checkbox"/> sport sandals (not flip-flops) | <input type="checkbox"/> pajamas |

Other:

- toiletries
- insect repellent
- towel
- insect repellent
- sunscreen
- band-aids
- musical instruments
- lip-balm

Optional:

- camera
- playing cards
- books
- swimming goggles/mask
- postcards (w/stamps)
- sunglasses
- spending money (for snacks/drinks/gifts)
- teddy bear (comfort item)

What not to bring to camp: knives of any kind, junk food, stereo/music player, cellular phones, computer games, pets, alcohol, cigarettes, bad weather!



Payment method

Payment can be made to Evergreen Outdoor Center in the following ways;

Bank Account Deposit: Hachijuni (82) Bank, Hakuba Ten, Futsu Kouza # 145768, Evergreen Outdoor Center, Swift Code HABKJPJT

Post Office Account Deposit: Furikomi Kouza # 00530-0-77782, Evergreen Outdoor Center

Credit card: Please call, fax, or email your credit card details to our office.

Cash: Payment can be made in person by coming to our office.

Cost: **63,000 yen for 5 day camp, 156,000 yen for 12 day camp**

Additional Information

** Note – All additional bedding (excluding sleeping bag) will be provided by Evergreen

** Any equipment/gear specific to the camp activities will be provided by Evergreen

** All camp utensils, cups, plates and bowls will be provided by Evergreen

** If campers need rentals of equipment, (eg. sleeping bag, backpack, etc.) Evergreen can arrange these. Please let us know.

Coming to Camp & Returning Home:

Campers are able to come to Hakuba via train, bus, or with your parents. If you are coming with your parents by car we are meeting on the Monday at 11:30AM at Hakuba Train Station. If you are returning home with your parents we are meeting at 2:00PM on the Friday at Hakuba Train Station.

If you live in the Tokyo region, Evergreen's camp counselor will accompany campers to and from Shinjuku station by train. Please see the following;

Monday July 12th, July 19th, August 16th, August 23rd 2010

7:00AM (sharp). The train leaves at 7:30 AM!

At **SHINJUKU STATION** all campers and parents/guardians are to meet **on** train platform **10** at **7:00 AM** for the **Super Azusa # 3** to Minami Otari. (This is not the regular platform for the **Super Azusa # 3** as it is a train coming in through Chiba). Campers will board train with Evergreen's staff; Parents/guardians can accompany their child directly to the platform by purchasing a platform only entry ticket (about 120-160 yen). We ask parents/guardians to purchase a round trip ticket for their child. For Junior High students the fare is an Adult fare: **15,120 yen**. For Elementary students the fare is **7,540 yen** and for children 7 and under the fare is **free**. In the unlikely event that all non-reserved seats are taken, a reserved seat can be purchased on the train for additional **510 yen** regardless of age. We ask all parents/guardians to give their child **1,020 yen** to cover the cost if this occurs.

Please feel free to give us a call if you have any questions or concerns as you prepare for camp. Our office number is 0261-72-5150